

Additional reference materials related to addiction and the legal profession

From the Journal of Addiction Medicine:

The Prevalence of Substance Use and Other Mental Health Concerns Among American Attorneys

http://journals.lww.com/journaladdictionmedicine/Fulltext/2016/02000/The_Prevalence_of_Substance_Use_and_Other_Mental.8.aspx#

From the National Law Journal:

Drinking is a Problem for 1 in 3 Lawyers, Study Finds

<http://www.nationallawjournal.com/id=1202748754010?keywords=drinking+problems&publication=National+Law+Journal>

From the New York Times:

High Rate of Problem Drinking Reported Among Lawyers

http://www.nytimes.com/2016/02/05/business/dealbook/high-rate-of-problem-drinking-reported-among-lawyers.html?_r=0

Many early career lawyers struggle to find a firm footing in the profession, which contributes to higher rates of anxiety, depression and substance abuse. To help address these challenges, the LAP and the California Young Lawyer Association created the Early Career Support Project:

<http://legalcareerresources.com/>